



from the grill

***All dishes served with rice, pita bread and your choice of sides*

***Substitute rice for mixed green salad*

All our meats are hormone & antibiotic free

	<i>total w/1 side</i>	<i>total w/2 sides</i>
# 1 boneless chicken kabob (white meat)	\$11.95	\$12.95
# 2 boneless chicken kabob (dark meat)	\$11.95	\$12.95
# 3 grilled salmon (<i>price subject to change</i>)	\$12.95	\$13.95
# 4 filet mignon skewer	\$13.50	\$14.50
# 5 lamb loin chops	\$12.95	\$13.95
▶ # 6 falafel veggie plate (rice, salad & grilled veggies)	\$11.50	\$12.50
# 7 ground sirloin kabob (koobideh)	\$11.95	\$12.95



pita wraps

your choice of pita or wheat tortilla

	<i>total w/1 side</i>	<i>total w/2 sides</i>
chicken kabob wrap (white or dark meat) <i>wrapped with lettuce, cucumbers, tomatoes, pickles, hummus spread, tahini and garlic sauce.</i>	\$11.50	\$12.50
bbq chicken wrap (white) <i>wrapped with lettuce, corn, black beans, tomatoes, scallions, & tortilla strips with Monterrey Jack cheese tossed with herb ranch & bbq dressing.</i>	\$11.50	\$12.50
chinese chicken wrap (white) <i>wrapped with lettuce, scallions, wonton strips, carrots, red cabbage, mandarin oranges & sesame dressing</i>	\$11.50	\$12.50
filet mignon wrap <i>wrapped with lettuce, cucumbers, tomatoes, pickles, hummus spread, tahini & garlic sauce.</i>	\$12.50	\$13.50
ground sirloin wrap <i>wrapped with lettuce, cucumbers, tomatoes, pickles, hummus spread, tahini & garlic sauce.</i>	\$11.50	\$12.50
hummus veggie wrap <i>wrapped with lettuce, cucumbers, tomatoes, pickles, tabouleh, hummus spread, rice, tahini & garlic sauce.</i>	\$10.95	\$11.95
falafel veggie wrap <i>wrapped with lettuce, tabouleh, pickles & tahini.</i>	\$10.95	\$11.95



side orders

all sides available a la carte

- ▶ **GF** tomato soup - *made fresh daily "the best in town"*
- ▶ **GF** lentil soup - *red lentil soup with ginger & jalapeno*
- ▶ **GF** hot potatoes - *sautéed potatoes with red onions, garlic & herb seasoning*
- ▶ **GF** tzatziki - *yogurt tossed with cucumber and dry mint*
- ▶ **GF** dolma - *grape leaves stuffed with rice and seasoning*
- ▶ **GF** grilled vegetables - *seasonal vegetables grilled to order*
- ▶ **GF** shirazi salad - *chopped cucumbers, tomatoes & our house vinaigrette dressing*
- ▶ **GF** greek salad - *chopped cucumbers, tomatoes, red onions, feta cheese & our house vinaigrette dressing*
 - ▶ **pasta salad** - *pasta with broccoli, shredded carrots, olives, jack & cheddar cheese tossed with ranch & Italian dressing.*
- ▶ **GF** babaganoush - *grilled eggplant, garlic, lemon juice & tahini topped with sourberry (sumac) & olive oil.*
- ▶ **GF** hummus - *a smooth medley of crushed chickpeas, garlic, lemon juice & tahini drizzled with olive oil*
- ▶ **GF** mixed green salad - *served with tomatoes, cucumbers, shredded carrots & our house vinaigrette dressing*
 - ▶ **tabouleh** - *chopped parsley, bulgar (crushed wheat), tomatoes, onions, spices, olive oil and lemon juice*
- ▶ **GF** mini broccoli salad - *broccoli, cucumbers, corn, red cabbage & sesame dressing*

▶ **vegetarian** **GF** **gluten-free**

all prices subject to change at any time



*all salads are served with baked pita
 **vegetarians can add falafel to any salad

	chicken (white)	salmon
mediterranean salad romaine lettuce, cucumbers, tomatoes, red onions, garbanzo beans and olives topped with feta cheese & our house vinaigrette dressing	\$12.50	\$13.50
cran-ginger salad mixed greens, tomatoes, broccoli & cucumbers topped with almonds & dried cranberries & our famous ginger dressing	\$12.50	\$13.50
caesar salad romaine lettuce, shaved parmesan cheese & croutons tossed in our own dressing	\$12.50	\$13.50
topolino salad romaine lettuce, red onions, feta cheese & raisins topped with cranberries & almond slices, tossed in our own ranch vinaigrette dressing	\$12.50	\$13.50
chinese chicken salad romaine lettuce, red cabbage, shredded carrots, green onions & wonton strips topped with mandarin oranges & almonds in our delicious sesame dressing	\$12.50	N/A
bbq salad romaine lettuce, corn, black beans, cilantro, tomatoes & scallions topped with tortilla strips & monterey jack cheese tossed in our homemade ranch & bbq dressing.	\$12.50	\$13.50
		without chicken deduct \$1.00 without salmon deduct \$2.00



all our coffee & drinks are made with 100% alkaline filtered water

fountain drinks coke, diet, sprite, orange fanta, raspberry iced tea, minute maid lemonade	\$2
freshly brewed iced tea	\$2
coffee bar	(prices vary)
beer (ask for types of beer)	



	glass	bottle
Joel Gott Riesling Columbia Valley, Washinton - Excluding aromas of nectarine, mandarin, jasmine, lemon & lime zest, and just the right amount of hone, this wine has achieved the perfect balance between crisp acidity and soft sweetness	\$6	\$24
Smoking Loon "Steelbird" Chardonnay California - This medium bodied wine is bright and vibrant on the palate, with refreshing flavors of meyer lemon, honeycrisp apple and stone fruit with a touch of creme fraiche.	\$6	\$24
Il Donato Pinot Grigio IGT Venetie, Italy - This light and crisp wine is full of citrus and fresh lime juice flavor	\$6	\$24
Castle Rock Sauvignon Blanc Lake County, California - This elegant, medium bodied wine is crisp and refreshing with aromas of grapefruit and pineapple and flavors of lemon and peach on the palate. It ends with a citrus fruit finish and pairs well with vegetarian dishes.	\$6	\$24



	glass	bottle
Liberty School - Cabernet Sauvignon Paso Robles, California - Aromas of black cherry, plum, and violets, followed by subtle flavors of strawberry and all-spice on the mid-palate. Firm yet supple tannins finish off this approachable fruit driven wine.	\$7	\$28
The Crusher - Pinot Noir Clarksburg, California - An elegant wine with silky texture and crisp acidity. Delicious flavors of Boysenberry, tart cranberry and pomegranate seed marry with a faint hint of caraway in the background creating layered complexity.	\$7	\$28
Bogle - Merlot California - Red currant and ripe fig mingle with toasty herbal tones, all combining to create a silky and smooth mouth feel. The firm tannins leave a pleasant lingering finish on the palate.	\$6	\$24
Norton - Malbec Mendoza, Argentina - This Malbec has sweet and spicy aromas reminiscent of black pepper. The ripe red fruit on the palate along with the smooth harmonious tannins leaves a vibrant lingering finish.	\$6	\$24